



Pajama Program

Good Nights Are Good Days

**FREE In-Person
K-2 Field Trip***

Storytime Plus

Help Your Kindergarten-2nd Grade Students
have Good Nights for Good Days!

Tired Students?

Educators know that well-rested students make better classroom citizens and learners. But it's not always easy for children to follow a bedtime routine and get a good night's sleep.

Pajama Program's Storytime Plus can help! This unique program provides children with tools to build a better bedtime and get the sleep they need to be healthy, happy, and ready to learn!



About Storytime Plus

A visit to our warm and welcoming Pajama Program Centers (in NYC, Atlanta, and Metro Detroit) is an unforgettable experience! K-2 students receive:

- A fun and interactive lesson on our R.E.A.D.Y.® Bedtime Routine
- Small-group storytime with caring volunteers to help children feel confident, supported, and secure, and to model reading as a positive, healthy step in a bedtime routine
- **New pajamas, a new book, and a bedtime routine magnet**

With our lessons in their heads, our support in their hearts, and our materials in their hands, students will have the building blocks for a comforting bedtime routine that leads to healthy sleep!

"The program was great! We loved reading the stories together and making it part of the bedtime routine. The presentation was simple and clear. The children really enjoyed it!"

- Participating Teacher

Parent Engagement Opportunity!

Want to increase impact? Contact us to schedule a Parent Workshop! This companion program engages parents and caregivers with related strategies, tips, and tools. When families work as a team at bedtime, it's easier for students to get the sleep they need to learn, grow, and thrive!

"The children were engaged and very excited about receiving pajamas and books to take home!"

- Participating Teacher

**Contact Pajama Program
for more information**



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